





## Welcome to Season 19!

Thank you for your interest in the Cheer Force One All Star Program! All Stars is a great experience full of life lessons to be learned, friendships to be made, and so much more. We are excited to be entering our 19th season and look forward to having you join us!

For those returning, welcome back! For those who are new to All Stars, we know it can be a bit overwhelming. This packet is designed to outline the program including general information about All Stars, overall commitment, and cost. Here are the steps you need to take to join us for the 2024-2025 All Star season!

Review the All Star Packet and Complete Parent Meeting Requirement

Schedule Evaluation via Parent Portal under Events

Turn in Completed Packet by your Evaluation day

#### MANDATORY PARENT MEETING OPTIONS

#### **IN-PERSON**

Wednesday, May 15 @ 6pm

#### **ONLINE**

Starting May 6th @ cheerforceone.com

New for the 2024-2025 season, parents can choose to view the pre-recorded online Parent Meeting instead of an in-person meeting. Reviewing the information is required for all families - new and returning.

#### **CONTACT THE ALL STAR DIRECTOR:**

#### **ALL STAR DIRECTOR**

Tara Mansfield tara@cheerforceone.com Gym: 228.219.4444

## What is All Stars?

All Stars is a competitive cheerleading program where teams from gyms perform and compete against teams from other gyms. Each season we form teams to compete locally, regionally, and even nationally. The All Star program trains more than just the individual. By working as a team, individuals learn about teamwork, sportsmanship, leadership, time management, commitment, and many life lessons they will carry with them through school and into future careers and relationships.

All Stars is an opportunity for each child to open up, be themself, and learn in the process. When a child is confronted with an obstacle, whether internally or externally, coaches are there to guide them and help problem solve. The individuals who gain the most from the All Star experience are those whose parents encourage their child to work through situations and discuss concerns with a coach.

## Team Placement

Teams are formed after Team Evaluations in late May. We utilize the current seasons division standards based on age and skill level to create teams we feel will be competitive for the season. Most All Stars fit into more than one age division (Tiny, Mini, Youth, Junior, Senior). Each All Stars' level is based on their skills evaluation at the gym.

In addition to age and tumbling ability, each team must be able to form stunt groups to be successful. Team composition also plays a role in team formation. The process of forming teams is a tedious process with many scenarios considered. In some instances, individual All Stars may be moved to a different team after placements. In all cases, decisions are made based on the best interest of the program, team, and All Star.



## Age Divisions

Birth Year	Age Division	Being on the oldest
2017-2019	Tiny	possible team is not
2015-2019	Mini	considered "leveling up". The best fit
2012-2019	Youth	for each child is to
2008-2018	Junior	compete with/against
6/1/2005-2012	Senior	their peers.



## Skill Levels

Evaluations prior to team placements are mainly focused on tumbling abilities. To maximize a scoresheet and be competitive, teams must have a large percentage of the team performing Elite Level Appropriate tumbling skills with very strong technique.

Each All Star is evaluated prior to Team Placement for tumbling ability. Skills are evaluated based on competition-readiness. Although skill level is a large part of team placement, it is not the only factor. Team placement is based on creating competitive teams across the program. The following chart includes examples of the Elite Level Appropriate Skills need for each level.

		Standing Tumbling						
	2 or mo	re connected Level-Appropriate Skills. Ex	amples include:					
	Forward Roll-Forward Roll	Backward Roll-Backward Roll	Back Walkover-Back Walkover					
	Valdez-Back Walkover	Back Extension Roll-Back Walkover						
Level		Running Tumbling						
	3 or mo	3 or more connected Level-Appropriate Skills. Examples include:						
	Cartwheel-Cartwheel	Front Walkover-Cartwheel-Back Walkover	Cartwheel-Back Walkover-Back Walkover					
		Standing Tumbling						
	2 or more connec	ted skills with at least 1 Level-Appropriate	Skill. Examples include:					
7	BWO Switch Leg-BHS	BHS Step Out-BWO-BHS	Valdez-BHS					
Level	Back Extension Roll-BHS	BWO-Back Handspring Step Out						
۳		Running Tumbling						
	3 or more connec	ted skills with at least 1 Level-Appropriate	Skill. Examples include:					
	CW-Roundoff-BHS	FWO-RO-Back Handspring Series	RO-BHS-Rebound-RO-BHS					
	Standing Tumbling							
<u>س</u>	3 or more connected skills with at least 2 Level-Appropriate Skills. Examples include:							
	BHS-BHS-BHS Step Out	Jump-BHS Series	BWO-BHS-Jump-BHS/BHS Series					
Level	Running Tumbling							
	Any 2 connected Level-Appropriate Skills OR any Level-Appropriate + Lower Level Skill. Examples include:							
	Front Handspring-Punch Front	FWO-Aerial	FWO-RO-BHS-Tuck					
	Standing Tumbling							
4	Jump-BHS Series-Back Tuck	Jump-BHS-Back Tuck	BWO-Back Tuck					
Level	Back Tuck	Jump-BHS-Step Out-Back Tuck	BHS Step Out-Back Tuck					
[e]		Running Tumbling						
	•	evel-Appropriate Skills executed within 1						
	PF Step Out-RO-BHS-Layout	RO-BHS-Whip-Layout	FWO-RO-BHS-Layout					
2		Standing Tumbling						
Level	Jump-BHS-Whip-Tuck	BHS-Whip-Layout	BHS Series-Whip-Tuck					
[e]	Running Tumbling							
	PF Step Out-RO-BHS-Full	RO-Whip-BHS-Full	FWO-RO-BHS-Full					



## Practices

Each All Star has two mandatory weekly practices. Team practice length and frequency varies based on team. During the Team Placement process, the team type (Elite/Prep) is decided based on individual experience and team dynamic.

	Elite Teams (Tiny, Mini, Youth, Junior, Senior)	Prep Teams (Tiny, Mini, Youth)
Weekly Practices	2x	2x
Length of Practices	2 hours	1.5 hours

Proper attire should be worn at every practice. As required practicewear is distributed, a schedule is distributed of when to wear which items. We rely on parents to help keep participants on top of required apparel. No different than wearing the proper attire to work, this is a valuable life lesson.

Every practice is mandatory. There are not "excused" or "unexcused" absences from practice. It is important for each family to communicate any foreseen conflicts as soon as they are known. Any last-minute illness should be communicated with the All Star Director immediately.

Competitions

The Competition Schedule below is released early each season to help families better prepare for the months to come. Although we do not expect changes to the schedule, unforeseen circumstances may lead to a change in event (i.e an Event Producer changes a date, cancels the event, etc.). Changes to the competition schedule are handled on a case-by-case basis.

**Every competition is required.** Unlike other sports, there is not a bench to pull in an extra teammate for a performance. In addition, the routines are choreographed to the strengths of each particular team of individuals. Any missing team member can have a detrimental effect on the success of the team as a whole. This sometimes means making travel arrangements with a teammate's family to make sure the participant is at competition even when the family can not be there, performing under the weather, or a multitude of other unforeseen circumstances. In any situation, we do our best to find solutions to the problems that arise. In all cases, parents are expected to be part of the solution. Learning to "roll with it" is one of the many great lessons All Stars can teach.

be her st to ents with it"

www.CheerForceOne.com

## Code of Conduct

Participation in the All Star program is a commitment to the values and expectations set by Cheer Force One. All Star participants are expected to set a positive example inside and outside of the gym and be role models within their communities. By being a member of the All Star program, you are a representative of the CF1 brand.

We work to keep open communication with parents with any red flag. The goal is to work together to keep each child headed in the right direction and making the best decisions for the future. In the event a proactive plan can not be agreed upon or proves to be unsuccessful, a child may be removed from the program for poor conduct. There have also been occassions where a family has been dismissed from the program due to a parent's conduct. The best interests of the program as a whole are always the priority in these cases.

Cheer Force One has a zero tolerance policy for underage drinking or drug use of any kind. Participants found to be violating this policy are removed from the program.

Sportsmanship also plays a major role in the unity of the Cheer Force One program. Speaking or posting online negative comments about a coach, team, team member, decision, result, or event can be considered grounds for dismissal.

There will be tough days as your child works through obstacles and faces challenges. These are crucial to your child's development. The support of each participating family is important to keeping a positive, nurturing environment for your child. All questions and concerns should be brought to the attention of the coach/ All Star Director in a timely manner so we can work toward a solution. Our goal is for Cheer Force One and the All Star program to be a positive experience for everyone involved - the work is worth it!



## 2024-2025 Pricing

#### **Registration Fees**

To be considered for the All Star program, students must be members in good standing. The \$100 Evaluation fee is non-refundable. This fee is applied to your Parent Portal account once your evaluation appointment is booked. Payment is processed to the primary payment method on file.

**Monthly Fees**The All Star Tuition is a monthly fee similar to tuition for a recreational class. The monthly fee covers participation in the All Star program, team practices, and required team events (clinics, camps, etc.). Monthly fees are billed June-April (11 months). All Stars receive a discounted rate on recreational classes. The discounted rate is based on the Tumble Academy additional class rate.

	<b>Monthly Membership Fee</b>
ELITE TEAMS: Junior, Senior Teams	\$254
ELITE TEAMS: Tiny, Mini, Youth Teams	\$239
PREP TEAMS: Tiny, Mini, Youth Teams	\$209

#### **Uniform Fees**

The 2024-2025 full-season uniform is the same as the 2023-2024 full-season uniform. All Stars without a fitting uniform need to purchase a new uniform (or may purchase each piece depending on their need). Please note on your registration packet what your uniform needs are.

The uniform requirements include the Competition Uniform (top/bottom) and Competition Bow (Female athletes only). The full uniform package cost is \$375 for female athletes and \$245 for male athletes. If individual pieces are needed, contact the All Star Director.

Female Athletes	Male Athletes	
JULY 1:	JULY 1:	
\$200 Deposit Due (non-refundable)	\$150 Deposit Due (non-refundable)	
AUGUST 1:	AUGUST 1:	
\$175 Balance Due (non-refundable)	\$95 Balance Due (non-refundable)	

All fees are subject to late fees if unpaid by the 10th of the each month.

## Additional End of Season Fees (Junior, Senior Teams)

Junior and Senior teams will compete to earn bids this season to a selected end of season event. The registration and associated fees for this event are not included in monthly fees and will be assessed in March/April 2025 in addition to monthly membership fees. Additional fundraising is available to help offset these costs.



## IMPORTANT DATES

#### May

May 21-23 - All Star Evaluations by appointment Week of May 29 - Practices start

#### June

June 14 - Skills Camp, Times TBA June 30-July 6 - CLOSED, Summer Break

#### July

June 30-July 6 - CLOSED, Summer Break July 26-28 - Choreography, Times TBA \*Plan to be available each day, all day\*

#### **August**

August 12 - Mandatory Practices Start

#### **September**

September 2 - CLOSED, Labor Day

#### October

October 31 - CLOSED, Halloween

#### November

November 25-29 - CLOSED, Thanksgiving

#### December

December 22-January 2 - CLOSED, Holiday Break

#### January

December 22-January 2 - CLOSED, Holiday Break

#### March

March 2-4 - CLOSED, Mardi Gras

The competition schedule for the 2024-2025 season is still in the works! As soon as the schedule is ready to be distributed, we will send it to all families.

#### **SPONSOR DEADLINE**

Each season, Cheer Force One hosts various fundraisers and sponsor opportunities for families to help raise funds to offset the cost of All Star cheer. The sponsor program is a helpful tool for many of our families. After team placement, the sponsorship packet is sent to all All Star families. You can reach out to businesses, family, and friends to see if anyone is interested in sponsoring your child. A portion of the higher sponsorship levels is withheld to help cover sponsor recognition; however, a large majority goes directly to your account. All sponsors for the 2024-2025 season are due by:

**NOVEMBER 1, 2024** 

#### **BAND APP**

For the 2024-2025 season,
Cheer Force One will primarily
communicate by email and teamspecific groups in the Band App.
Information on how to join your
team's group will be distributed
with your team placement
information. In the meantime, you
can go ahead and download the
Band App so you are ready to go!







Please fill out one form per participant.

This registration packet is required before an Evaluation can be completed. If you have any questions about the program or commitment, please contact the All Star Director before turning in this registration packet.

Student's Name:	TSHIRT SIZE (CIRCLE):		SHORT SIZE (CIRCLE):	
Birthday:	YXS	AXS	YXS	AXS
Parent Over Account:	YS	AS	YS	AS
Parent Phone Number:	YM	AM	YM	AM
Parent Email Address:	YL	AL	YL	AL
Referred by: (optional)	YXL	AXL	YXL	AXL

#### Please sign under one of the options listed below:

**OPTION 1 [Most Common]:** "I am committed to the CF1 All Star Program. Please place my child where you feel they are best suited."

**This is the most common option.** Your child will be placed on the team we feel they will contribute the most as an individual to create a competitive team.

Signature	of	Parent	Over	Account	
Julialuie	()I	raiciii	CVCI	ACCOUNT	

0	R OPTION 2: "I am only committed to the CF1 All
	Star Program if my child is placed on level:

(	Age	divisions	are	not	level	5.)
	(Agc	0171310113	arc	HOL		J.,

**This is NOT a common option.** In the event we are not able to match your child with the LEVEL listed, your child will not be placed on any team.

· ·	<b>C</b> D		
Signature	of Paren	t Over	Account:

#### **ADMINISTRATIVE USE ONLY:**

Account in Good Standing	
Verified Contact Information	
All Star Reg. Fee Paid	
Signed Agreement (4-pages)	
Parent Meeting	
All Star Evaluation Complete	

# QUESTIONS

#### **Cheer Force One - Mississippi**

1511 Government St. Ocean Springs, MS 39564 228.219.4444 gc@cheerforceone.com

#### **All Star Director**

Tara Mansfield tara@cheerforceone.com

#### **SUMMER CALENDAR**

Please mark any pre-planned summer vacations or known absences for your child:

MAY 26	27	28	29	30	31	JUNE 1
2	3	4	5	6	7	8
9	10	11	12	13	14 SKILLS CAMP	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	JULY 1	2 GYM CLO	3 SED FOR SUMM	4 ER BREAK	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26 CHOREO. WEEKEND	27 CHOREO. WEEKEND
28 CHOREO. WEEKEND	29	30	AUGUST 1	2	3	4

#### **UNIFORM NEEDS**

The 2024-2025 season is year two of the two-year cycle for our uniforms. Please mark below whether you have a current uniform that fits or whether you need items. This will help us keep track of who needs to be sized for uniforms. Place a CHECKMARK in the box below your needs:

I DO NOT NEED any uniform pieces	l need a	I need a	I need a
	UNIFORM TOP	UNIFORM BOTTOM	COMPETITION BOW



## 2024-2025 CF1 ALL STAR Commitment and Financial Agreement Page 1/4

Parent/Responsible Party:	
Address:	
City, State, Zip:	
Parent Phone Number:	
Parent Email Address:	
Driver's License State/Number:	
ATHLETE NAME	

Initials

**MONTHLY COMMITMENT:** The financial obligation of the All Star Program is an 11-month agreement [June 2024 through April 2025]. Payments are made in monthly installments. By participating in team activities, the family is agreeing to the fees associated with the team. Monthly tuition rates for All Star teams is disclosed prior to registration in the All Star Packet. Teams attending end-of-season events will incur additional costs based on bids received. Parents will be notified of such fees when the information is available.

Initials

**PAYMENT POLICIES:** Fees are DUE ON THE 1ST of each month. Any account with a balance as of the 11th of the month, including a balance from a previous month, is billed a \$25 late fee. It is the responsibility of the Parent/Responsible Party to make on-time payments to avoid late fees. There are no refunds for any payments made or fees billed to the account. Payments can be accepted during posted business hours at the facility in the form of cash, check, VISA, Mastercard, Discover, or American Express. Payments can also be made online through the Parent Portal. A link is provided at the Cheer Force One website. If an account falls behind, including incurring a late fee on the 11th of the month, the athlete may be required to sit out until the account is caught up. If the account remains behind, the family may be removed from the program.

Initials

**ADDITIONAL FEES:** Monthly fees do not include the Uniform Package. The Uniform Package deposit is billed July 1st (see All Star Packet for details). The Uniform Package balance is billed August 1st. The "Payment Policies" listed above apply to these fees, as well. Travel costs, cheer shoes, and makeup are the responsibility of the parent/family.

Initials

**CONTRACT TERMINATION FEE:** If an athlete is removed from the program by choice or consequence after being placed on a team, the Parent/Responsible Party is responsible for any outstanding balance on the account, including the current month's fees, in addition to a \$500 contract termination fee per athlete. This fee applies if a child does not finish the competitive season even if the 11-month financial agreement has been met. If a balance remains on the account 10 days after separation from the All Star Program, the account is turned over to a third party for collection purposes. Any



## 2024-2025 CF1 ALL STAR Commitment and Financial Agreement Page 2/4

Parent/Responsible Party:	
ATHLETE NAME	

fees incurred for collecting a debt will be added to the account and are the responsibility of the Parent/Responsible Party. For this reason, we encourage settlement at the time of separation. Open communication is necessary at all times.

Initials

AGREEMENT IN EFFECT: Once an athlete completes the evaluation process and is placed on a team, the athlete is considered a member. There is no grace period before the terms and conditions of the program are in effect.

Initials

DISCOUNTS AND PROMOTIONS: All Star accounts are eligible for discounts on classes at Cheer Force One. Classes are subject to the recreational class program policies and do not start or end with the All Star season. Sibling discounts are available for any family with more than one child in the All Star program. The sibling discount is \$40 per additional child. Cheer Force One also utilizes a Bonus Bucks program to reward families who pay towards the season in advance. Bonus Bucks payments once paid are non-refundable. Any payment made of \$2,000 or more between June 1st and June 10th in the form of cash or check will receive an additional 10% credit on their account in the form of Bonus Bucks (7% if paid using a credit card). This credit can be used for any gym expenses including monthly tuition, private lessons, camps, clinics, Uniform Package, Pro Shop items, etc.

Initials

**APPAREL**: Each All Star is provided one of any required practicewear item for the season. It is the responsibility of the parent to help participants keep track of the practicewear and wear it at appropriate times. In the event practicewear becomes lost/stolen/misplaced, additional sets may be purchased through Cheer Force One if available. Parents will be required to pay the current pro shop rate for any apparel to keep the All Star in appropriate attire. You are encouraged to write your child's name inside the practicewear you receive.

Initials

**TUMBLE ACADEMY CLASSES:** Due to enrollment demands, a recreational tumbling class is not automatically included in All Star membership. Classes can be added at the "Additional Class" rate.

Initials

**MEDICAL TERMINATINON**: Any athlete who is injured and unable to complete his/her season will need a doctor's note stating such. Any fees paid/due are non-refundable and considered owed. In these situations, the contract termination fee is not applied.

Initials

**RESPONSIBLE PARTY:** The Parent/Responsible Party listed on this form and signing for financial responsibility is fully responsible for the account payments. We do not entertain "split accounts" due to divorce or other circumstances.

Initials

**PARENT MEETING REQUIREMENT:** I attest I have watched the required Parent Meeting Powerpoint video or attended the in-person All Star Parent Meeting and have no additional questions.



### 2024-2025 CF1 ALL STAR Commitment and Financial Agreement Page 3/4

Parent/Responsible Party:	
ATHLETE NAME	

Initials

**SPORTSMANSHIP:** Sportsmanship is a key part of any sports program, including All Stars. The commitment to the All Star program includes the commitment of the participating child and parent(s)/guardians, in addition to any friends or relatives who play a role in the athlete's participation to the program. All parties are expected to be supportive and respectful of Cheer Force One; its directors, coaches, staff, and athletes; and any affiliated parties, including event producers/staff, apparel representatives, and similar individuals. Failure to comply to this policy may result in the removal of the child/family from the program at the All Star Director and/or owner's discretion.

Initials

**COMMUNICATION:** In order to run a successful program, communication is key. Cheer Force One utilizes emails, phone calls, handouts, Facebook Groups, website updates, and team texts to help make sure the proper information is delivered to families. It is the parent's responsibility to make sure questions, comments, and concerns are all directed to the appropriate party. The coach and All Star Director are the appropriate individuals to contact in every situation. Please note, we will not discuss with you children who are not your own. Social media is not a proper forum to air grievances with the program. A child may be removed from the program due to comments viewed as negative by the child or parent - this includes online posts - whether the program is explicitly named or not.

Initials

ABSENCES: Attendance is crucial to the success of the program. All team practices, clinics, camps, events, and competitions are mandatory. There is no such thing as an "excused" absence. All absences (sick, social events, school events, etc.) count the same. Any known future absence should be communicated to the gym at least 2 weeks in advance. Absences should be limited to no more than 2 in the Fall, no more than 2 in the Spring, and never the week of competition.

<u>Any</u> absence may result in the removal from routine elements. <u>Any</u> absence may lead to removal from the program. These situations, along with all absence situations, are handled on a case-by-case basis. The All Star Director reserves the right to handle each situation at her discretion. The program comes first in all situations.

Initials

**CHOREOGRAPHY**: All choreography and routine placement is subject to change at anytime based on the needs of the team. These changes are made at the discretion of the coaches and All Star Director.

Initials

**COMPETITIONS:** Missing a competition is inexcusable. Dates of competition events are provided to families at the beginning of each season for this reason. Until the week of an event, we do not know the specific time of performances. Parents are expected to plan in advance for all potential scenarios. Missing an event may lead to dismissal from the program at the All Star Director's/owner's discretion. Any foreseeable conflicts need to be communicated to the All Star Director at the first available opportunity. Attending every competition is part of your commitment to the All Star Program.



# $2024\text{-}2025 \text{ CF1 ALL STAR} \\ \text{Commitment and Financial Agreement} \\ \text{Page } 4/4 \\$

Parent	/Responsible Party:		
ATHLE	TE NAME		
Initials	Experience has proven childre Please allow the coaches to be about issues and concerns at p contact is warranted to help a	parent in an All Star's journey is to be excel when there is unconditional love the coaches. All Stars are encourage ractices/events. Coaches will contact child reach his/her potential or become with the coach or All Star Director	ve from the parent/guardian. yed to speak to coaches directly parents when issues arise and when me a better teammate. Please
Initials	choreography, camps, and clin parents of any exceptions to t viewing area as an opportunit other parents in the program.	parent viewing area is closed at all vics is always closed to parent-viewing his policy and any additional closings by to watch your child work through child the parent viewing area becomes the right to close	g. The All Star Director informs of the area. Please use the parent nallenges, see progressions, and mee a source of negativity, concern, or
Initials	any use of the name or logos forbidden. In addition, any Al viewed as potentially damagi	<b>E:</b> The Cheer Force One NAME and lapparel, online, printing, etc.) without Star member who acts (physically, very to the Cheer Force One brand will epresent "Cheer Force One" in any content of the Cheer Force One.	written consent of the owner is erbally online, etc.) in a manner be removed from the program.
Initials	at any point, the program will	circumstance prevent the All Star sea be adjusted accordingly. A tempora itute a termination of this contract. A	ry closing of the gym or the inability
party li party a Packet.	sted above. The terms of this aggrees to the terms of the All Sta	ent is an agreement between Cheer F greement are non-negotiable. By sign r Program as listed in this Agreement ading of the terms and policies. This o	ning this document, the respective and the current season's All Star
SIGNAT	TURE (Parent/Responsible Party)		DATE